

Women, Power, and the Capacity to Lead

Women in leadership often carry authority alongside a complex set of expectations unique to women. Visibility is heightened. Judgment can be sharper. Power is present—but not always straightforward to hold or use.

My work with women leaders focuses on building the capacity to hold authority with clarity, navigate visibility without diminishing yourself, and use power with intention rather than accepting less.

This is not about adopting a particular leadership style or proving legitimacy. It's about strengthening your relationship to power so you can use it wisely—on your own terms.

While this work is grounded in leadership development more broadly, I bring particular depth in supporting women as they lead within systems that still place uneven demands on their authority and seem to stop them at every avenue.

I've spent many years designing and implementing supportive and engaging women's leadership events and coaching women leaders. Always with the intention to uplift and increase capacity and power.

Call for a conversation

